



BERRINBA EAST STATE SCHOOL

NEWSLETTER 2020



FROM THE PRINCIPAL

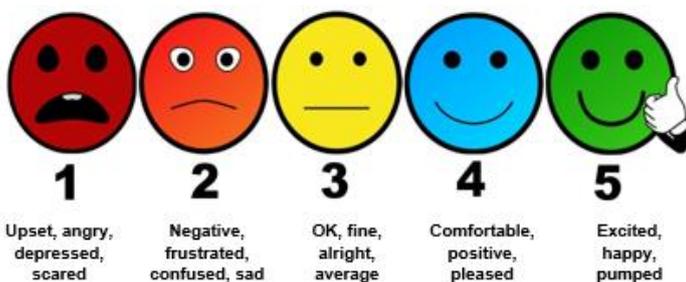
Before School Arrivals

Currently we have a large number of students arriving at school well before 8am each morning. This is of a large concern as there is no adult supervision of these students at this time. As a result there have been students who have left the school ground undetected or have been involved in inappropriate behaviour. To ensure the safety of your children, please ensure that they do not arrive before 8am. If you require care for your children prior to 8am, our one site Outside School Hours Care program run by YMCA are able to provide assistance at a low cost to families.

Student Resource Scheme

It is come to that time of the year that fees associated with the student resource scheme are due. Despite an increase in the fee, ours still remains one of the lowest in the state. The student resource scheme assists in cover the cost associated with text books and work materials. The reason why the cost of our booklist is so low is that a lot of the learning materials other school s have parent purchase are covered in our student resource scheme. So that our staff can provide the best quality education and instruction for your children, I encourage you to fulfil your commitment to the student resource scheme.

Reboot and the 5 Faces



You might have heard your children talk about the 5 Faces, seen the posters in classrooms or seen our staff wearing special lanyards. This is all part of the Reboot program we are implementing at Berrinba East State School in 2020.

Self-regulation is one of the most important skills a child can develop. The capacity to know what you

are feeling, what you need to feel better and respond appropriately to a life situation is a key determinant in outcomes socially, personally and at school. Self-regulatory ability is a stronger predictor of long-term school and life success than talent or nature ability. Reboot's 5 Faces are helping our staff to co-regulate with students to build their ability to self-regulate.

Co-regulation is the act of supporting a person to self-regulate. Everyone requires this support to develop basic skills in self-regulation, and at challenging times we all require the support of another person to self-regulate. Reboot's 5 Faces are a simple visual tool to support young people to identify where they are at and what they need to feel better.

It is possible to feel all 5 levels of emotion in 5 minutes if enough stimulating things are happening. There is nothing wrong with being a number 1 or 2, sometimes you can't help it (e.g. when someone you love leaves or dies, when someone betrays and upsets you) – it is acting out on it that is the problem.

With the support of Reboot, we are building skills in all our students so that they can self-regulate their behaviours and remain engaged in life and learning.

Steve Kanowski
Principal

UPCOMING EVENTS

4 th – 6 th Mar	Prep Vision Screening
9 th Mar	P&C Meeting 5.00pm
9 th Mar	P&C AGM 5.30pm
12 th Mar	School Photos
3 rd Apr	End of Term 1
20 th Apr	Term 2 Begins

P&C NEWS

Annual General Meeting

The Annual General Meeting will be held Monday 9th March at 5:30pm in the staffroom. This meeting is when our new Executive Committee are elected. 2020 will see all positions vacant.

None of our current Executive Committee are standing for re-election, so it is vital that we get interest for people to nominate for these positions.

Berrinba East State School Newsletter

ISSUE 2020/04

Wednesday 19th February

In the event an Executive Committee is not formed at the AGM, all P&C Retail Trading will cease as of the 10th March. This means no uniform shop and no tuckshop.

Attached is a nomination form for Executive and Committee positions. If you or someone you know is interested, please complete and return it before 3:00pm on Monday 9th March, or bring along to the meeting.

Executive positions are:

- President
- Vice President
- Treasurer
- Secretary

Other positions on the committee:

- Book Club
- Banking
- Fundraiser
- Qld P&C Rep
- Festival Coordinator for 2021

For more information about what is involved with each position, please email

pandc@berrinbaeastss.eq.edu.au, or visit <https://pandcsqld.com.au/members/topics/executive-roles/> (Note: All positions are voluntary)

Not sure about holding a position but still want to be involved? New members are encouraged and current members can reapply. Membership in the Association is FREE!! For more information about membership, please see the Membership Application package (available in the office), or visit <https://pandcsqld.com.au/> Let's see the whole school community get involved!

The AGM is the ONLY time that you can become a member without attending the meeting. If you would like to join the P&C and become more involved, but can't make the meeting, please fill out a Membership Application package (available in the office) and return it by 3:00pm Monday 9th March to the office, or email to pandc@berrinbaeastss.eq.edu.au

YMCA OSHC NEWS

Children are loving our new resources and were super excited about our program last week. With Special Events on like International Women of Science Day, Sorry Day and Valentine's Day

children participated in a variety of fun and engaging activities. This included STEM activities, meaningful discussions and activities around resilience, kindness and friendship for Sorry Day and cooking experiences to make cookies for their families to take home as a nice gesture on Valentine's Day. Staff have been focused on following children's interests whilst also tying in special events around the world and our community.

If you would like to enrol your child into an engaging and exciting program, with a service confident in catering to your child's individual needs, then please contact Camille on 0419 334 818, abe@ymcabrisbane.org or pop down into the hall to see the YOSHC Team. Alternatively you can also complete your enrolments online! Head to <https://www.ymcachildcare.com.au/berrinba-east.html> and use the My Family Lounge App to register.

The Y OSHC Team

GET THE NEWSLETTER EMAILED TO YOU

If you would like to receive our weekly newsletter via email please fill out the table below and return it to the office ASAP.

Parent Name	
Students Name	
Parent Email	
Signature	
Date	

SCHOOL PHOTOS

Photo day is Thursday 12th March. Every Student must hand in their own order envelope on photo day and. Orders placed after photo day incur a \$9 late fee. Make your payment by cash, credit card, cheque or money order.

Please contact Silver Rose on 07) 3262 5788 for more information.

P&C Executive Officer Nomination Form

Berrinba East State School P&C Association

I wish to nominate _____ as a candidate for the position of:
(Candidate's name)

- President
- Treasurer
- Secretary
- Vice-President

_____ Additional Officer/s as determined by the Association (additional Officers are not considered part of the P&C Executive Committee)

Candidate

I accept the nomination for the position of _____

Name: _____ Signature: _____

Moved by:

Name: _____ Signature: _____

Seconded by:

Name: _____ Signature: _____

Notes:

- *The candidate, nominator and seconder must be members of the Association.*
- *Candidates may nominate themselves.*
- *"Moved by" and "Seconded by" may be completed before, or at the meeting.*

P&C Secretary's use only

Successfully elected:

- Yes
- No
- Membership forms received